

2012 4th Annual Black Men's Initiative Forum

Topic- "Building Capacity: Are you Equipped?"

Location- UW-Campus: Ogg Hall-835 W Dayton Street & Pyle Center-702
Langdon Street

Time/Date- February 24th and 25th 2012

Keynote Speaker- Dr. Shaun Harper

Day 1 Agenda-

Friday February 24th, 2012

Set-Up-2:00pm- Tech and Room Setup

4:00pm-Posters, sign-in etc., greeters at each entrance of Ogg Lounge

5:00pm- Food set-up UW Catering/Day of Committee

5:30pm- All WABM Facilitators/Leaders Register BMI Guests

6:00pm- Networking and Eating

6:25pm-Introduction and Welcome Address

6:30pm-Introduce Keynote Speaker- Dr. Shaun Harper

7:10pm- Small Group Discussions

7:30pm-Bring back to Larger Group Discussion for Feedback

7:45pm-Closing Statements/Thanks to our sponsors/Announcements

8:00pm- Closing Pledge

Day 2 Agenda-

8:00am-8:30am- Move In Pyle AT&T Lounge

8:30-9:15- Breakfast

9:30-11:15- Break Out Rooms 1,2,3,4

11:30-1Pm- Lunch w/Keynote Pyle Alumni Lounge

1pm-1:30pm- Move Out

Workshop 1- Burnout

1. The "Burnout" workshop will continue the discussion from day one by illustrating how and when to identify when your capacity is overwhelmed.

2. Goal: As the discussion continues we hope that participants are made aware of ways to assess their capacity and how to cope with being overwhelmed.

3. Learning Objective: By the end of this breakout session participants will be able to envision and realistically plan to healthily manage their capacity.

Possible Presenters- Nicole (UHS- Stress and Coping Specialist)

Workshop 2- Capacity Character

1. The capacity and character will continue the discussion from day one by examining how character relates to capacity.

2. Goal: As the discussion continues, we hope that participants gain an understanding of when character comes out in maintaining capacity.

3. Learning Objective: By the end of this breakfast session participants will be able to identify how character develops capacity and why a strong/character is necessary for constructing capacity.

Possible Presenter- Pastor Alex Gee -Mt Zion Church or Pastor Joe Oby-Northside Assembly Christian Church

Workshop 3- Health in Capacity

1. The health in capacity workshop will continue the discussion from day one by illustrating why having all around sound health is imperative to progressing and maintaining capacity.

2. Goal: As the discussion continues we hope that participants understand how solid mental social physical, spiritual and emotional health contribute to one's ability to build capacity. We also want to dispell myths about the differences in biology between African American and the majority (historical experience)

3. Learning Objective: By the end of this breakout session participants will be able to assess their own health and decide how they can improve it to develop a greater individual capacity.

Possible Presenter- Althea Miller- psychology student

Workshop 4- The Game of Life

1. The Game of Life Workshop will continue the discussion from day one by reaching out to athletes especially in thinking about life beyond college.

2. Goal: As the discussion continues we hope that participants get a better sense of why capacity is important once their secondary education is over and how important it is in our competitive world to have a stable capacity.

3. Learning Objective: By the end of this breakout session participants will be able to see how college capacity transcends into the capacity demands of life.

Possible Presenters- Anthony Davis- Former Wisconsin Football Player